

"Wellness is the real pot of gold—cherish it, protect it, and share it generously."

TUESDAY, MARCH 17, 2026

10:30AM

LIT DECOR & GIFTS
DETROIT LAKES, MN

Dr. Cheryl Rising, DNP, FNP-BC, FAANP

Depression
Brain Fog
Inflammation & Joint Pain
Stubborn Weight
Fatigue
Diabetes
Hypertension
Insomnia
Anxiety
Stomach Issues
Auto-Immune Disease
Poor Sleep
Stress
Hormone Imbalances
Gut Imbalance
Nutrition
Movement
Stomach Issues



Wellness

Register here!
Or call 701.220.2936



Seating is limited!

Free Seminar

