

Spring into Wellness

TUESDAY, APRIL 14, 2026

10:00AM

DEJA BLEU

ALEXANDRIA, MN

Inflammation & Joint Pain Depression Brain Fog
Fatigue Stubborn Weight
Hypertension Diabetes
Insomnia Anxiety
Stomach Issues Auto-Immune Disease
Poor Sleep Stress
Gut Imbalance Hormone Imbalances
Nutrition Movement Stomach Issues



Register here!
Or call 701.220.2936

Seating is limited!

Free Seminar

Dr. Cheryl Rising, DNP, FNP-BC, FAANP

