

Free Seminar

TUESDAY, MAY 5, 2026

5:00PM

BELLA CAFE

PARK RAPIDS, MN

Inflammation & Joint Pain

Depression

Brain Fog

Fatigue

Stubborn Weight

Hypertension
Insomnia

Diabetes

Anxiety

Stomach Issues

Auto-Immune Disease

Poor Sleep

Stress

Hormone Imbalances

Gut Imbalance

Nutrition

Movement

Stomach Issues

Family Nurse Practitioner
CR

Wellness



Register here!
Or call 701.220.2936

Seating is limited!

Dr. Cheryl Rising, DNP, FNP-BC, FAANP

