

Free Seminar

TUESDAY, MAY 19,
2026

5:00P M

BELLA CAFE
PARK RAPIDS, MN

Inflammation & Joint Pain
Fatigue
Hypertension
Insomnia
Stomach Issues
Poor Sleep
Gut Imbalance

Depression
Brain Fog
Stubborn Weight
Diabetes
Anxiety
Auto-Immune Disease
Stress
Hormone Imbalances

Nutrition
Movement
Stomach Issues

Family Nurse Practitioner
CR

Wellness



Register here!
Or call 701.293.2936
Or call 701.293.2936
Seating is limited!

Dr. Cheryl Rising, DNP, FNP-BC, FAANP

